

## Impact Report July 2018

With your generous support,  
Portsmouth Sail Training Trust has  
been able to achieve the following

# 104

young people experiencing  
weekly sailing sessions  
Sept 2017-July 2018



# 4,428

hours young people have  
spent learning on the water  
and being mentored by our  
staff and volunteers  
Sept 2017-July 2018

# 198

**RYA Certificates awarded**  
Sept 2017-July 2018

We believe we can have a positive impact on the lives of the most vulnerable young people in Portsmouth by regular input into their lives. We improve their career and life chances by training them in sailing, watersports and other skills related to the marine industry, whilst at the same time building their confidence, increasing their self-esteem and raising their aspirations.



We work with a high ratio of staff and volunteers to young people to be able to get alongside them and help them achieve their potential by building relationships and trust.

104 young people from inner city schools in Portsmouth come to our base in the Naval Dockyard every week of the school year. These are young people that would never normally have the opportunity to experience sailing or even being on the water. Around 60% of the pupils we work with are on Pupil Premium funding – a key measure of social deprivation.

Through these sessions, not only do they achieve watersports qualifications, they also develop essential life skills such as communication, team work, problem solving, resilience and self-esteem.

This school year so far, we have awarded 198 nationally recognised sailing and powerboating qualifications. These recognise the young person's hard work and achievement as well as equipping them for apprenticeships, work placements and ultimately careers in the marine and watersports industries.

We have an excellent relationship with the several Portsmouth schools that we work with. The teachers report that the regular sessions make a huge difference to the behaviour and mental wellbeing of the young person. Our sessions are often the primary reason for the young person being able to stay in school.



*"The PSTT sailing sessions have a very positive impact on the behaviour and attendance in school on the group of students currently attending. It gives them all a huge confidence boost and teaches them skills such as resilience which they put to good use when overcoming obstacles in the classroom"*

**Steve Fletcher – Achievement Centre Manager  
Milton Cross Academy**

We are enormously grateful to all our sponsors, donors, supporters and volunteers without whom this important work would not be possible.